

Sexual Assault Resources

University 24/7 Emergency Contact: **+1-217-333-1216**

Insurance/Travel Assist: **+1-866-693-6873**

wecare.illinois.edu

Remote Mental Health Counseling Services

Insurance/Travel Assist: **+1-866-693-6873**

Accessing Insurance & Teledoc

1. Call **+1-866-693-6873**
2. Provide Policy # (on front)
3. Explain the situation
4. Request assistance*
5. Keep case number
6. Keep receipts

* Request local care or download **Doctor Please!** to quickly access teledoc support for minor injuries, illness, and infections.

Potential Steps for Incident Management

- Quickly assess the situation.
- Support colleagues by any necessary/reasonable means.
- Obtain immediate emergency care as required.
- As required, use the university 24/7 emergency contact, insurance, U.S. embassy, and/or police in appropriate order.
- If no university contact, use best judgment and local advice.
- Gather incident details and file a report with International Safety and Security.
- Encourage responsible social media use and information sharing.
- Update stakeholders as required.
- Maintain your self-care routine to the best of your abilities.

Local Contact # _____

Local Embassy # _____

Dept of State (24/7 Overseas Support): +1-202-501-4444

Local Police/911 # _____

Local Hospital/Other # _____

General Safety Tips

- Register for STEP at step.state.gov
- Register for Insurance at safetyabroad.illinois.edu
- Keep friends and family posted on your travel plans
- Consider the risks of alcohol/drug use; never drink alone
- Avoid walking alone, specifically in dark, non-touristy places



International Safety and Security

University 24/7 Emergency Contact: +1-217-333-1216

24/7 response line for students, faculty, and staff abroad

University International Safety and Security Staff

Andrew Collum & Rachael Dean

 safetyabroad@illinois.edu

 +1-217-333-6104 (M-F, 8-5)

 safetyabroad.illinois.edu

International Insurance/Travel Assist

Policy Number: **GLM N14287310**

Phone: +1-312-935-9242 (Direct), +1-866-693-6873 (Toll Free)

Email: GallagherGlobalAssistance@ajg.com